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Answered on 12-6-84 [Redacted]

F. Dall
[Redacted]
Edinburgh
[Redacted]

Friday 10/

Dear Jan,

Please don't think any more about writing ^{twice} again. Every letter is very welcome. I'm so happy for you, still having your husband beside you, especially now, when you are at home so much. Like you Q. H. has left its mark on me. I'm actually terrified to travel any distance, other than around Edinburgh, as I just panic and shake so terrible I have to get home. It's sad really, as my eldest daughter and my son and their families both live in Livingston, only half an hour away, yet I have to brace myself if they do say they are coming in to take me out for the day. My son has just come out the Army after doing 22 yrs, and bids me on I've never lived. How true. I've never had a

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holiday in my life. Q.H. did their work well. It was only last year after I had broken my foot, then my ankle, that a Dr at the R.I. accompanied by students, showing them X-rays, what all the different lines were, asked me if I had spent some time in bed as a child. My mind flew back to Q.H. I had been bed wetting, you know the treatment that got, but they went over the usual punishment. After pulling me out the cold bath, still dripping wet, I was taken and thrashed until I passed out. When I woke up I was in the hospital, and I was there for months until my back and legs healed up. That seemingly is what the constant lying still in bed had done. Left my ankles weak, I was always going over on

my ankles, and Bob, my husband, used to say I would trip over a match stick if there was one in my way. Little did I know what had caused it. I also still get bouts of bad pains in my back. I remember down in the basement cleaning boots and darning. One day a darning needle went right into my calf as I bent down and I was terrified to tell anyone. But as I was trying to pull it out, Galt appeared with iodine and did it for me. I never found out who reported it. Needless to say I now have various veins on that leg. My sister ran away many times but was always caught and brought back. I'll never know how these things were allowed to happen, but it's obvious the house mothers were picked

